

Daily Program for families isolating due to COVID

Foundation to Year 2



We encourage self-isolating families to consider the following ideas for home learning.

Follow the daily schedule below or come up with your own schedule. Choose from the menu of activities and resources included in this document.

An example of the weekly overview for learning:

Daily Outline	Reading: Reading or viewing a book. Reading response – (comprehension focus)	Writing: Draw and write a story (personal writing) or write for a purpose (list, letter, report etc).	Maths: Complete daily maths practice or exploration.	Choose another subject area to explore: <ul style="list-style-type: none"> • Play based • Science • Art • Japanese • PE • Library 	Physical Activity
---------------	---	---	--	---	--------------------------

Don't forget **daily mindfulness** practice: There are great resources through Smiling Mind: <https://www.smilingmind.com.au/> and fun activities (including mindfulness) at GoNoodle: <https://www.gonoodle.com/>

After completing activities each day feel free to send a photo of the learning through to the class teacher. This way the teacher can keep in touch and provide acknowledgement of the work.

The priority is to ensure the health and wellbeing of you and your family during this time. Please reach out to the School if you need assistance.

The Department also has a range of options for you to continue to support your child in their learning, available at the [Learning from Home](#) webpage. A web page with Learning from Home tips is available at: [Support your child's learning](#) and this is available in more than 30 languages on [Translated advice about learning from home](#).

Below are suggested activities for each of the daily subject areas.

Daily Schedule	Activities – choose from the list below:
Reading	<ul style="list-style-type: none"> • Choose a book from your home collection or Listen to a story read aloud on https://www.youtube.com/c/StorylineOnlineSAF/videos <ul style="list-style-type: none"> ○ Draw and write what happened in the story ○ Draw and write about your favourite part of the story ○ Draw a picture of a main character and write about the character ○ Chose a topic or theme from the story to write about (eg. friendship, family, celebrations, weather, places, seasons).
Writing	<p>Personal writing</p> <ul style="list-style-type: none"> • Create a story. Don't forget a beginning and middle and end. You might like to choose from an idea below or come up with your own ideas. <ul style="list-style-type: none"> ○ An adventure with my pet ○ My best day ever ○ It's my birthday ○ A dragon followed me home ○ I can fly • Use the following sentence starters... finish the sentence and then draw a picture... <ul style="list-style-type: none"> ○ My favourite game is... ○ My favourite food is... ○ My best holiday ever was... ○ I went to...

	<ul style="list-style-type: none"> • Explore different text types... write a shopping list, a list of all your family, write a letter to a friend or family member, create a thankyou card or a “thinking of you card”, create a treasure map (label the map and write about the place you have created), find out about your favourite animal and write a report, write a report about another topic you are interested in, create a poster you can display in your front window for people walking past.
<p>Maths</p>	<ul style="list-style-type: none"> • Practice your counting skills – build, write, draw numbers. • Play ‘school’ with siblings – set mathematics challenges for each other. • Play board games or card games. • Redesign the layout of your bedroom. Create a plan, get approval from adults, then do a complete tidy and redesign of your room. • Re organise the family’s linen cupboard – get approval first, create a plan, sort the items into categories then do it! This can be applied to other cupboard – but ask adults first. <p>Problem Solving (Feel free to create your own question to give to a partner)</p> <ul style="list-style-type: none"> ➤ What numbers can you make using 6,5,8? ➤ How many different ways can you make \$1? ➤ Make a large, light package. Make a small, heavy package?
<p>Other activities...</p>	<ul style="list-style-type: none"> • Plan a cooking session (with adult supervision). Write a plan, design the table setting and decorations, cook, clean and enjoy the food. Take photos. Write a reflection of the maths, science and social skills that was learnt. • Go outside and take photographs of nature up close. Download and write a report about your discoveries. • Practice a musical instrument. Invent your own tune. • Prepare a performance – dance, drama, comedy, music. • Skype a friend or grandparent and present your performance to them. • Go outside and sketch or do water painting on concrete or walls.

Further Resources to support learning from home include:

- See tips for how to help your kids at home in literacy and numeracy: https://www.education.vic.gov.au/Documents/school/teachers/teachingresources/discipline/english/literacy/LiteracyandNumeracyTipstoHelpYourChild_Final.pdf
- 20 days of reading, learning at home: www.Scholastic.com/learnathome
- Outdoor activities in your backyard <https://littlepinelearners.com/100-low-prep-activities-you-can-do-on-your-own-backyard/>
- List of education companies offering free subscriptions: <https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>