

Take the fun of OSHC back home with one of our very own recipes!

Camp Australia's Healthy Eating Program operates in every service every day, including Holiday Clubs. To support this program, we developed our very own Camp Australia Cookbook which contains over 80 delicious, and easy to prepare, savory, sweet and no bake recipes from around the world which the children can cook in the service and enjoy them! Here's one that you can cook with your children at home:

Bliss Balls (Serves 10)

Ingredients:

- 1 banana (mashed) • 3 tbsp sultanas
- ½ cup dried apricot (chopped finely)
- ⅓ cup rice bubbles • 1 tbsp cooking oats
- ¼ cup coconut

Method:

1. Mash banana and add dried fruit and combine in a mixing bowl
2. Mix in rice bubbles and then cooking oats (allow to thicken for 5 mins)
3. Place coconut in a bowl, roll the mixture into balls and toss in coconut. Refrigerate



Join us for more cooking adventures, It's FREE to Register.

Register at pp.campaustralia.com.au/account/login. Once registered, it's easy to make and manage your bookings online via our Parent Portal.

You may be eligible to claim subsidies on your care usage!

If eligible, to help you with the cost of childcare, you may be entitled to receive the Australian Government Child Care Subsidy. Visit my.gov.au to find out more.

For more information on our service and fees, visit our website www.campaustralia.com.au. Alternatively, come and meet the team in the OSHC room. We'd love to meet you, and you can find out more about OSHC from our friendly, qualified Educators.