

Daily Program for families isolating due to COVID

Year 3-6



We encourage self-isolating families to consider the following ideas for home learning.

Follow the daily schedule below or come up with your own schedule. Choose from the menu of activities and resources included in this document.

An example of the weekly overview for learning:

Daily Outline	Reading:	Writing:	Maths:	Choose another subject area to explore:	Physical Activity
	Independent reading or viewing a book. Write a reading response – (comprehension focus)	Personal writing – work on a piece of writing of your choice. This could be in any genre and on any topic (e.g. narrative, information text, persuasive letter).	Complete daily maths practice or exploration.	<ul style="list-style-type: none"> • Play based • Science • Art • Japanese • PE • Library 	

Don't forget **daily mindfulness** practice: There are great resources through Smiling Mind: <https://www.smilingmind.com.au/> and fun activities (including mindfulness) at GoNoodle: <https://www.gonoodle.com/>

After completing activities each day feel free to send a photo of the learning through to the class teacher. This way the teacher can keep in touch and provide acknowledgement of the work.

The priority is to ensure the health and wellbeing of you and your family during this time. Please reach out to the School if you need assistance.

The Department also has a range of options for you to continue to support your child in their learning, available at the [Learning from Home](#) webpage. A web page with Learning from Home tips is available at: [Support your child's learning](#) and this is available in more than 30 languages on [Translated advice about learning from home](#).

Below are suggested activities for each of the daily subject areas.

Daily Schedule	Activities – choose from the list below:
Reading	<ul style="list-style-type: none"> • Choose a book from your home collection (or one of the sites below) and spend 20-30 minutes reading. • Write a reading response to share your thinking about the text. <ul style="list-style-type: none"> ○ Write a short summary of what you read today. ○ Talk about what you liked and didn't like about the text. ○ Discuss the characters – What traits do they show? Why do they act the way they do? ○ Write about the connections that you have made with the text, character, events, or ideas ○ Record any questions you have, or parts of the text that you are still wondering about ○ Write about the themes of this text, and if you think there is a message ○ Reflect on the author's craft – what did you notice about their style and choices? <p>Listen to a story read aloud on https://www.youtube.com/c/StorylineOnlineSAF/videos</p>
Writing	<p>Personal writing – follow the writing process. You might work through this process over a few days or even a week.</p> <ul style="list-style-type: none"> • Plan - create a quick plan for what you will work on today. <ul style="list-style-type: none"> ○ If you are starting a new piece of writing, jot down your key thoughts and ideas ○ If you are continuing with a piece of writing that you have already been working on, reread what you have written and look over your original plan ○ If you are unsure what to write about today, you can use the story spinner to give you an idea: http://www.scholastic.com/teachers/story-starters/index.html

	<ul style="list-style-type: none"> • Draft - spend a minimum of 30 minutes writing! Think about any writing goals that you could focus on to help improve your writing. • Revise - Reread what you have written today. Is there anything you want to revise (add, remove or change) to improve the meaning of your writing? • Edit – Make sure that you look carefully at your spelling, punctuation, grammar and use of paragraphs. Fix any mistakes that you can, and underline parts that you might need help with. • Publish/Present – Once you have edited your work, you might choose to publish it. You could use Word, PowerPoint, or create a short audio or video using your device <p>You might also like to do some touch typing practice: http://typingclub.com</p>
<p>Maths</p>	<ul style="list-style-type: none"> • Practise your skip counting or multiplication facts <ul style="list-style-type: none"> • Log in to essential assessment and explore some activities that will help you practise and revise some things that you have worked on in the classroom (if applicable) https://www.essentialassessment.com.au/student/ • Place 30 small items in a bag, e.g. 10 buttons, 10 toothpicks, 10 coins. Mix them up. Without looking, grab a handful of items. Find the fraction of each item that you grabbed. Be sure to simplify your fractions. Repeat 9 times. • Plan a holiday to a place you would love to visit. Make sure you include, accommodation, flights, transport, cost of meals and entry to places that you may visit. • Create a poster that shows 4 examples of how we use decimals in everyday life. Use illustrations to show your examples. Present the poster to your family. • Grab 10 forks and 10 spoons from your kitchen. Create as many 2D shapes as you can with them. Can you make 3 different by shapes using all 10 utensils? <p>Problem Solving (Feel free to create your own question to give to a partner) These are open ended and have lots of answers.</p> <ul style="list-style-type: none"> ➤ The time is now 20 minutes after 3 o clock. Show this time in as many ways as you can ➤ Find some containers in your home that are marked millilitres? ➤ I have \$32 000 and want to buy two cars. What could I buy?
<p>Other activities...</p>	<ul style="list-style-type: none"> • Plan a cooking session (with adult supervision). Write a plan, design the table setting and decorations, cook, clean and enjoy the food. Take photos. Write a reflection of the maths, science and social skills that was learnt. • Go outside and take photographs of nature up close. Download and write a report about your discoveries. • Practice a musical instrument. Invent your own tune. • Prepare a performance – dance, drama, comedy, music. • Skype a friend or grandparent and present your performance to them. • Go outside and sketch or do water painting on concrete or walls.

Further Resources to support learning from home include:

- See tips for how to help your kids at home in literacy and numeracy: https://www.education.vic.gov.au/Documents/school/teachers/teachingresources/discipline/english/literacy/LiteracyandNumeracyTipstoHelpYourChild_Final.pdf
- 20 days of reading, learning at home: www.Scholastic.com/learnathome
- Outdoor activities in your backyard <https://littlepinelearners.com/100-low-prep-activities-you-can-do-on-your-own-backyard/>
- List of education companies offering free subscriptions: <https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>