

AVPS Special Lunch Day: Pies, Rolls & Pasties

Friday 20th September



Suppliers are Bakers Parlour on Union Rd, Coles & Mr Nice Guys

Beef meat Pie	<input type="text"/>	\$ 5:00	Gluten Free Beef Pie	<input type="text"/>	\$5:00
Beef sausage Roll	<input type="text"/>	\$ 5:00	Vegan Spinach Cheezy	<input type="text"/>	
Spinach & Ricotta Roll	<input type="text"/>	\$ 6:00	Scroll	<input type="text"/>	\$7:00
Vegetable Pastie	<input type="text"/>	\$ 5:00			

CASH ONLY

Total Cost \$ _____

Student Name: _____ Unit: _____

Parent / Guardian Signature: _____

Orders must be returned to your unit no later than Friday morning 6th Sep.

Please put money in envelope, seal and return with the form attached to the outside of the envelope.

*Please understand that late orders can not be accepted. Thank you from Parent reps U3&4

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Ingredients List: Baker Parlour Union Road Ascot Vale

Beef pies :- wheat flour, beef, salt, sugar, barley, yeast spice, canola oil, margarine, emulsifier.

Sausage rolls :- beef, soy flour, salt, water, vegetable oil, wheat flour, bread crumbs, yeast, vinegar, onion, carrot, pepper, glucose syrup, margarine.

Spinach and ricotta rolls:- Spinach, Wheat Flour, Ricotta cheese, milk, Margarine Breadcrumbs, Yeast, Vegetable Oil, Potato Flakes, Onion, Poppy Seed, Salt, Garlic, Chilli, Pepper, Glaze, etc

Whole meal pasties : - wheat flour, whole meal flour, soy flour, canola oil, salt, parsnip, onion, cabbage, celery, peas, potato, vinegar.

Ingredients List: GF Beef Pie is from COLES brand “I’m free from”

Gluten Free Beef Pie:- Filling (50%) No added Hormone Beef Mince, Water, onion, Modified Starch, Tomato Paste, Salt, Onion Powder, Herbs. Gluten Free Flour Blend, Modified Starch, **Soy Flour**, Vegetable GumThickner, Water, Margarine, Palm Oil, Water, Salt, Emulsifiers, Whey Powder, Sunflower Oil, Maltodextrin, Thickener (corn Starch) Baking Powder, Iodised Salt Glaze.

***CONTAINS SOY AND MILK** **May be present: EGG AND TREE NUTS**

Ingredients List: VEGAN Spinach Cheezy Scroll is from Mr Nice Guys

Spinach Cheezy Roll: Everything we bake is egg, dairy, meat, cochineal and gelatin-free.

This product is NOT GLUTEN FREE For more allergy info, read <http://www.misterniceguy.com.au/about/ingredients/>

Tomato Sauce will be provided in the classroom.

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Beef pies :- wheat flour, beef, salt, sugar, barley, yeast spice, canola oil, margarine, emulsifier.

Sausage rolls :- beef, soy flour, salt, water, vegetable oil, wheat flour, bread crumbs, yeast, vinegar, onion, carrot, pepper, glucose syrup, margarine.

Spinach and ricotta rolls:- Spinach, Wheat Flour, Ricotta cheese, milk, Margarine Breadcrumbs, Yeast, Vegetable Oil, Potato Flakes, Onion, Poppy Seed, Salt, Garlic, Chilli, Pepper, Glaze, etc

Whole meal pasties : - wheat flour, whole meal flour, soy flour, canola oil, salt, parsnip, onion, cabbage, celery, peas, potato, vinegar.

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