



# 1-2-3 MAGIC® & EMOTION COACHING PARENTING COURSE

A three-session program for parents and carers to help manage difficult behavior in children 2-10 years old is being held at **Avondale Primary School, Clarendon Street, Avondale Heights** on **Thursday 17<sup>th</sup> May, Thursday 24<sup>th</sup> May 2018 & Thursday 31<sup>st</sup> May**  
**9:30am-12:30pm**  
 Participants attend all 3 sessions

- ✓ How to discipline without arguing, yelling or smacking
  - ✓ How to sort behaviour
  - ✓ How to handle challenging and testing behaviours
  - ✓ Choosing your strategy, the three choices
  - ✓ Using emotion coaching to encourage good behaviour
  - ✓ 7 tactics for encouraging good behaviour

## Registration Fee?

The course is **free** to parents of children whom attend State Government schools in the Moonee Valley Network. Register for this course by contacting Melissa Di Pietro or Emelie Barringer (see below).

## What people are saying?

*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*

*I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.*

## Who is running the course?

Melissa Di Pietro (Psychologist) and Emelie Barringer (Psychologist Moonee Valley Student Services) both have experience working in schools, providing services supporting children and their families.

Melissa completed the Parentshop® 1-2-3 Magic & Emotion Coaching on 30<sup>th</sup> March 2011. Emelie completed the Parentshop® 1-2-3 Magic & Emotion Coaching on 19<sup>th</sup> November 2012

**For more information or to register for this program, please contact:**

**Emelie Barringer or Melissa Di Pietro, Moonee Valley Student Support Services – 9376 3876**

Please note: Parents attend all 3 sessions. If you have successfully enrolled in this course, please visit the front office on the day of the course to sign in and you will be directed to where the course will be facilitated. Parking is available in the surrounding streets; please take note of any parking restriction signs.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •